



GMCT Transition Care Network

The Greater Metropolitan Clinical Taskforce (GMCT) Transition Network is there to assist young people with chronic and complex health problems as they move from children's to adult health services.

There are 3 adult Transition Coordinators for NSW based at Westmead, Royal Prince Alfred, and John Hunter Hospitals.

There are also transition coordinators based at The Children's Hospital at Westmead, and Sydney Children's Hospital to help families plan for health care needs in the adult setting.

How can the adult coordinators help young people and their families?

- We can help to sort out difficulties in finding or attending adult health services,
- provide information about adult health services,
- provide guidance to attend clinics and make sure that they are successfully engaged in the adult service,
- assist the young person to adjust to a new adult team and service.

We can also help the young person to locate a general practitioner if they do not already have one as studies have shown that having a regular GP improves the individual's health, decreases hospital admissions, decreases readmission and improves mental health and coping.

Coordinators Contacts

State Wide Coordinator and The Western Area,

Lynne Brodie 9887 5578

Email lbrodie@nscchahs.health.nsw.gov.au

South Eastern Area, Lif O'Connor 95156382

Email lifoconnor@email.cs.nsw.gov.au.

Hunter New England Area, Rebecca Harris/Louise Smith

49257866 email louise.smith@hnehealth.nsw.gov.au.

Visit our Website:

www.health.nsw.gov.au/gmct/transition

CHILD
ADULT
HEALTH
SERVICES