

28th January 2009

Child and Family Health

Dear Clinical Nurse Consultant,

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As you may be aware, The Children's Hospital at Westmead produced in 2004, a development resource, 'Bringing out the best in your baby' (http://www.chw.edu.au/parents/kidshealth/babys_development/baby_resource.pdf). The resource provides parents and other caregivers with important information regarding their baby's healthy growth and development during the first twelve months of life.

The development resource was inspired by Rima Shore's work 'Rethinking the Brain', which highlights the importance of early brain development. In particular, it emphasises the need to stimulate children, especially in the first few years of life, as early interactions have a lasting impact on brain development. Utilising this and our own Dr Christopher Green's work, the resource outlines some important activities designed to encourage baby's healthy development over the first 12 months. Developmental milestones are also provided so that parents may enjoy their baby's new skills.

We now have an opportunity to provide the resource free of charge to parents delivering babies in the calendar year of 2009. If you would like to hand out free copies on your routine first home visits, please complete the form below and fax it back to us on (02) 9845 3562.

Thank you and best wishes,

Dushyanthi Vimalachandra
Health Promotion Officer, Kids Health
The Children's Hospital at Westmead

Order Form (To be completed by each centre requesting resources)

Yes, we would like to distribute the resource to new parents. We plan to conduct approximately _____ home visit up to July 2009 (a second delivery will be made at a later date).

No. Please tell us why: _____

Name: _____ Position: _____

Name of Early Childhood or Community Health Centre: _____

Postal Address: _____

Postcode: _____

Contact email: _____ Contact telephone: _____

Please fax this form back to us on (02) 9845 3562.