

Head Injury Card



Your child has a head injury and should now go home and rest. It is important that your child does not take any alcohol or drugs for 24 hours after leaving the Hospital, unless the drugs have been prescribed by a doctor.

If your child has any of these symptoms, please seek urgent medical help:

- severe or persistent headache which has not improved with Paracetamol
- nausea or vomiting
- drowsiness, dizziness or confusion
- fits or twitching of the face, arms or legs
- bleeding from the ears or nose
- unconsciousness
- blurry eyes, seeing double or other problems seeing clearly.

If you need to seek medical help come back to The Children's Hospital at Westmead. If this is not possible, take your child to the Emergency Department of your nearest hospital and take this card with you.

the children's hospital at Westmead

Corner Hawkesbury Road & Hainsworth Street

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